

***Seqex and Covid-19***  
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All of you have a powerful instrument at home that can make a difference in the present situation.  
How is that?

We already know that one of the unfortunate aspects of viral disease (and so also Covid-19) is marked tissue oxidization. This extreme oxidation is directly correlated with inflammation, and in cases like the more advanced stages of Covid-19, this leads to very serious loss of functionality of the target tissue.

Can we protect ourselves from this with electromagnetic fields? The answer is yes.

This protection is essentially preventive, but without excluding a valuable role in therapy (at least hypothetically).

Everyone is aware of the studies that indicate the importance of antioxidant substances (like for example vitamin C or astragalus root) as natural immunostimulants that enhance our natural immune response, making us more resistant to infections (vitamin C for example improves the function of neutrophil leukocytes).

However, few people are aware that an analogous effect can be achieved using electromagnetic waves. It is by now well established that certain electromagnetic modulations can significantly reduce damage from oxidative stress.

Electromagnetic fields have also been proven as effective regulators of the cytokine cascade effect. In this new disease it is precisely an excess inflammatory activation (or cytokine storm) that underlies the gravity of the resulting interstitial pneumonia.

We therefore have the possibility of "shielding ourselves" with electromagnetic fields!

The most indicated programs for this purpose are: REG1, ANI1, and MIC2. I recommend daily 45 minute sessions for all three programs. If possible leave REG1 for night-time and run it for at least 4 hours.

<https://www.ncbi.nlm.nih.gov/pubmed/19037782>