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Endogenous cyclotronic Ionic Resonance induced complete recovery in a severely lame Grand Prix dressage horse.

Case details

History

April 2007 – a 16-year-old castrated male Grand Prix dressage horse showed front right (FR) lameness.

When, last month, first recognized, the lameness was lighter, intermittent and improving with riding but, lately the horse was continuously and markedly lame, requiring then a thorough clinical examination.

Clinical findings

Observation: simmetry and posture

The horse rests both front feet slightly ahead of the contralateral limb, alternatively, 2 - 3 minutes apart. Effusion of front left (FL) digital flexor tendon sheath (chronic tenosynovitis), splint (proximal third of 2^{nd} and 3^{rd} metacarpal bone). Both front feet medio-lateral static imbalance (higher medially).

Palpation

FR fetlock – markedly enlarged lateral branch of the suspensory legament (LBSL). Pressure applied to the affected (lateral) branch elicits pain. The same pressure applied to the LBSL of the contralateral limb is not painful.

Hoof tester

Lightly painful when applied to the medial sole and frog (both front feet).

Movement (at a trot in hand)

- In straight line on hard surface: FR, intermittently lame grade 2/5;
- circling to the right on hard surface: sound, only light stiffness involving both fore limbs;
- circling to the left on hard surface: FR, continuously lame, grade 2/5;
- in straight line on soft surface: FR, continuously lame, grade 2/5;
- circling to the right on soft surface: sound;
- circling to the left on soft surface: FR, continuously lame, grade 3/5. This condition becomes "the baseline lameness" (BL).

Flexion tests

FR lower limb: marked positive response

FL lower limb: very light positive response

Diagnostic analgesia (mepivacaine 2%, 2 ml per block – the horse reevaluated 10 minutes after the injection following the same protocol used for movement).

- 1) FR. palmar digital block; just proximal to the cartilages of the foot: (+); intermittent lameness grade 1/5 became apparent on the contralateral limb, circling to the left on hard surface (FR sound).
- 2) FL. same block performed at 1): (++++).
- 3) FR. palmar digital analgesia (mid-pastern ring block): same results obtained at 1). No lameness on the contralateral limb noticed.
- 4) FR. palmar digital analgesia (high pastern): the same result as 3).
- 5) FR. abaxial sesamoid block: the same result as 3).
- 6) FR. palmar and metacarpal nerves at the level of the distal end of the 2nd and 4th metacarpal bones (low palmar analgesia): (++++); continuously lameness grade 1/5, circling to the right on soft surface noticed (FL).
- 7) FL. same block performed at 6): same result as 6); no lameness on the contralateral limb noticed.

N.B. improvement in lameness score: (+) 25%, (++) 50%, (+++) 75%, (++++) 100% (sound), (-) no improvement.

To explain the results obtained at point 1) (+), as well as the lameness on the contralateral limb, further diagnostic analgesia han been performed, 2 days later, as follows:

- FR. distal interphalangeal joint (DIP) (4 ml mepivacaine 2%): (-) after 5 minutes, (+) after 10 minutes, (+) after 15 minutes along with continuous lameness on the contralateral limb, grade 1/5, circling to the left on hard surface (FR sound).
- 2) FL. the same analgesia as 1): (-) after 5 minutes, (++++) after 10 minutes.

Analgesia of lateral palmar and matacarpal nerves, at the level of the distal end of the 4th metacarpal bone resulted in the same situation described at point 6), suggesting the lateral aspect of FR fetlock as a major source of pain.

Tentative diagnosis

FR subchronic desmitis of the lateral branch of the suspensory ligament (SL).

Diagnostic Imaging

Radiography

- 1) slightly flexed FR fetlock. LM view: apical focal osteolysis involving the lateral proximal sesamoid bone (sesamoiditis).
- 2) FR. fetlock. DPa view: apical sesamoiditis involving the lateral proximal sesamoid bone.
- 3) FR. fetlock. D45°L PaMO view: sesamoiditis involving the lateral proximal sesamoid bone.
- 4) FR and FL. pasterns and feet. DP views: bilateral medio-lateral static imbalance (higher medially). Medial narrowing of the interphalangeal joint spaces.
- 5) FR and FL. navicular bones. D60°Pr PaDiO view: small lucent zones within the medulla and along the distal border of both navicular bones. FL: mineralized fragments distal to the navicular bone.
- 6) Distal phalanx (P3). FR and FL. D75°Pr PaDiO view: modeling and lucent zones along the medial border of both P3, especially FL.

Ultrasonography

FR: chronic desmitis of the LBSL with dystrophic fibro-mineralized foci. The lateral branch is enlarged.

Fig. 1a, 1b and 1c: transverse ultrasonographic images of the SL branches (LB is to the left).

1d: longitudinal ultrasonographic image of the LB.

Both front metacarpophalangeal joints shows synovitis.

1a

1b



1c

1d



Definitive diagnosis

FR chronic desmitis of the LBSL coupled with lateral proximal sesamoiditis (as a cause of the BL).

Belateral light navicular disease and osteitis of the distal phalanx. Tenosynovitis of the FL digital flexor tendon sheath. Both front fetlocks show light arthrosynovitis. FR splint is not painful.

Prognosis

The prognosis for a 16 year-old high level dressage horse with chronic branch SL desmitis associated with proximal sesamoiditis is poor.

Management

- appropriate trimming (correction of mediolateral imbalance);
- shoeing with egg bar shoes;
- controlled exercise;
- systemic NSAIDs.

The horse is then monitored:

- 1 month later: BL 2/5; deep palpation of LBSL is painful;
- 2 months later: BL 2/5; deep palpation of LBSL is painful;
- 3 months later: BL 2/5; deep palpation of LBSL is painful;
- 4 months later: BL 2/5; deep palpation of LBSL is painful.

August 2007

Because of the poor results obtained with the previous treatment we take into consideration endogenous cyclotronic ionic resonance (ICR) by means of the SEQEX ® medical apparatus.

We perform a test as follows: local application (rod) of ICR (intensity 100%, frequency 75 Hz, wave form 22) for 6 minutes on the involved proximal sesamoid bone, for 6 minutes on the LBSL insertion and for 6 minutes on the same branch 3 cm further proximally. This resulted in a dramatically improved lameness (grade 1/5).

We decided then for ICR by SEQEX (bio-impedance test, "chronic-bony program" - 9x3 minutes - updated every 20 days) applied as follows:

- total body, local application (rod) as above mentioned (every 2nd day);
- local intensive device on the lateral aspect of the FR fetlock (every 2nd day).

Checking

- 1 week later: BL 1.5/5, local pain (LP) by palpation improved; FL no lameness;
- 2 weeks later: BL 1/5, LP further improvement;
- 3 weeks later: BL .5/5, LP no more present;
- 4 weeks later: sound, LP absent;
- 5 weeks later: sound, LP absent;
- 6 weeks later: sound, LP absent;
- 8 weeks later: sound, LP absent.

After this we began an increasing controlled exercise program.

Ultrasonography

On 27/11/2007 ultrasonography showed decreased cross-sectional area of the LBSL (FR), decreased hypoechoic areas and absence of dystrophic fibro-mineralized foci (fig. 2).



End of November 2007

The horse is working regularly now and, so far, neither lameness nor local pain are present. He is treated by SEQEX ® following the above mentioned protocol (August 2007).

We intend, within a few weeks, to apply ICR following a less intensive schedule coupled with "regeneration program" eventually.

ICR has been well tolerated with no negative side-effects. We have only noticed increased foot growth, a very positive effect, if confirmed in future, especially for what concern horses with "fragile foot".

Discussion

Dressage is the ultimate athletic challenge in equestrian sports.

Once a dressage horse has reached Grand Prix level, the training predominantly involves repetition of movements, thus dressage horses rarely succumb to acute stress-induced traumatic injuries but more likely succumb to repetitive, acumulative subclinical injuries that may surface at irregular intervals and resulting in chronic lesions associated with disappointing therapeutical results, at least for what concern the traditional medicine.

Proximal sesamoiditis, as found in the present case, is a chronic disease with no effective therapy. No improvement has been noted after prolonged rest.

Chronic desmitis of the LBSL, especially when ultrasonography shows soft tissue metaplastic changements as in the present case, needs 12 to 14 months to stabilize but, more often, the horse shows some degree of permanent lameness and, even when it looks sound, proximal suspensory desmitis easily relapses despite a proper gradually increased exercise program.

In this case, the most important evidence is the fact that, BL moved to 2/5 after the first month, with no further improvement over time. Interestingly, the lameness degree gradually decreased only after the first week of SEQEX ® therapy and the horse was sound in 3 weeks with no relapse. This horse is returned successfully to full training.

This new therapy in the horse needs further investigation in order to discover all the therapeutical opportunities that SEQEX ® offers. In this case we've got very ecouraging results with no negative side-effects. Furthermore SEQEX ® could be a very interesting therapeutic tool considering its no doping effect. This fact will give us a chance to apply antiinflammatory-analgesic therapy during competitions when needed. A big thing!

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